

MAIN CHARACTER ENERGY: Finding Your Identity in Christ

1 Samuel 17:38-40

Ever notice how a chameleon spends its whole life trying to match its surroundings? Always checking its environment, always adjusting, always trying to fit in. Sound familiar? Some of us are living our whole life checking our surroundings, trying to match what everybody else is doing!

And I'm about to expose something right now – some folks are suffering from Main Character Syndrome, but you're trying to play somebody else's role!

The Identity Crisis

Let's get real for a minute. In 2025, you're dealing with:

- 500 opinions before breakfast
- Highlight reels 24/7
- Endless filters and edits
- Constant comparison

And watch this – the average person your age:

- Checks social media 150 times a day
- Compares themselves to 20 different people
- Feels anxiety about their image every 15 minutes
- Changes their personality based on who they're with

You're not a chameleon – you're a CHILD OF GOD!

The David Difference

Let me introduce you to somebody who almost fell into the comparison trap. Young David – this teenager who was about to face a giant – almost tried to wear somebody else's armor!

1 Samuel 17:38-39: "Then Saul dressed David in his own tunic... David fastened on his sword... and tried walking around, because he was not used to them. 'I cannot go in these,' he said... 'because I am not used to them.' So he took them off."

Watch this – David almost tried to fight his battle in Saul's armor! He almost tried to be the main character in somebody else's story!

The Armor We're Wearing

Some of people are wearing armor that doesn't fit:

- Trying to talk like that influencer

- Trying to dress like that celebrity
- Trying to live like that person with a million followers

But here's what's crazy – you're suffocating your swagger trying to wear somebody else's story!

The Identity Inventory

Let's do a quick check:

1. Who's armor are you wearing?
 - Your friends'?
 - Social media's?
 - Society's?
2. What's making you change colors?
 - Fear of rejection?
 - Fear of missing out?
 - Fear of being yourself?

The Main Character Truth

Write this down: **"YOU CAN'T BE THE STAR OF YOUR STORY PLAYING A SUPPORTING ROLE IN SOMEBODY ELSE'S!"**

David understood something that some folks need to get:

- Your difference is your defense
- Your uniqueness is your weapon
- Your authenticity is your armor

The Anxiety Answer

Now, let's talk about this anxiety for a minute. You're anxious because:

- You're trying to be perfect when God called you to be present
- You're trying to be popular when God called you to be purposeful
- You're trying to be somebody else when God already decided who you should be!

The Identity Installation

Here's how we're going to walk in our true identity:

1. The Armor Check

- What are you wearing that's not yours?
- Who are you trying to be that's not you?
- What's weighing you down that God didn't give you?

2. The Comparison Cleanse

- Unfollow accounts that make you feel less than
- Set time limits on social media
- Start a gratitude journal about your unique gifts

3. The Identity Investment

- Spend time discovering who God says you are
- Write down your personal promises from Scripture
- Start celebrating what makes you different

The Anxiety Antidote

Listen – David didn't beat Goliath by becoming Saul. He won by being David! And you won't beat your giants by being somebody else!

Your anxiety drops when:

- You stop trying to be everyone else
- You start walking in who God made you to be
- You realize you're already the main character in God's story!

The Character Development

Some of y'all need to understand:

- God didn't make a mistake when He made you
- Your story isn't a copy of somebody else's
- Your differences are your superpowers!

The Social Media Shift

Here's what we're gonna do differently:

1. Stop asking "How many likes?" and start asking "Who am I liking?"
2. Stop counting followers and start counting blessings
3. Stop comparing your behind-the-scenes with everybody else's highlight reel

The Bottom Line

Remember this: A chameleon changes to match its environment, but an eagle was born to soar above it! It's time to stop changing colors and start spreading your wings!

Because one day, you'll realize:

- The approval you're chasing can't compare to the acceptance you already have
- The likes you're counting can't compare to the love God's already given
- The role you're playing can't compare to the identity He's already established

It's time to take off Saul's armor! It's time to pick up your own stones! It's time to walk in YOUR Main Character Energy – the one God designed specifically for YOU!

Because in God's story:

- You're not an extra
- You're not a supporting role
- You're not a chameleon changing colors to fit in

You're a main character, chosen by the Author of Life, to play a role that only YOU can play!